MICU Treatment Protocol

**Cardizem (Diltiazem)**

**Indications:** Control of rapid ventricular response with A-fib/A-flutter or PSVT.

**Contra-indications:** Allergy, hypotension, second and third degree heart block or V-tach.

**Administration:** Initial dose 20 mg (0.25 mg/kg) slow IV push over 2 minutes. Second dose at 25 mg (0.35 mg/kg) slow IV push 15 minutes after first dose if indicated. DRIP: Start continuous infusion at 5-15 mg/hr.

**MICU Directives:**

1. Follow generalized protocol for MICU transports.
2. Increase drip in 5 mg increments (up to 15 mg/hr total) as necessary to control heart rate.
3. Discontinue if patient develops hypersensitivity (rash) or hemodynamic instability.