



## New Peanut Butter Guidelines

An estimated 1-2% of children are affected by a peanut allergy, which is often severe and lifelong.

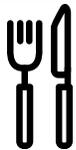


It is now recommended that all families work closely with their doctor when beginning to introduce foods to discuss possible peanut allergy. This new approach will hopefully reduce the risk of peanut allergy.

## Get Fresh at the Farmers Market



Project Fresh voucher distribution day is July 19th from 10am-2pm here at LCHD! This year you can complete your Project Fresh education online at [WIChealth.org](http://WIChealth.org) before July 19th or attend our brief Nutrition Education sessions on 7-19-17. Upon completion, a booklet worth \$25 will be yours to spend at participating markets.



## Is My Baby Ready for Solid Food?

- Can he hold his head up?
- Does he open his mouth when food comes his way?
  - Can he move food from a spoon to his throat?



## Why Wait?

- Solid foods are hard to swallow.
- Breast milk and formula provide the best nutrition for your baby.
- Solid food before 6 months can lead to allergies and eczema.

## Breastfeeding Peer Counselor

- Offer breastfeeding encouragement
- Provide education, problem-solving and support
  - Help with breast pumps
  - Help plan for the return to work/school

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# Back to School Vaccinations

• DON'T WAIT. VACCINATE •

- ORIGINAL BIRTH CERTIFICATE
- IMMUNIZATION RECORD
- VISION SCREENING
- PROOF OF RESIDENCE

READY FOR  
KINDERGARTEN  
ROUND-UP?



## IMMUNIZATION ASSESSMENT SCHEDULE

Required Vaccines <sup>3</sup> (Does not include all recommended vaccines)	Age (Grade)						
	Birth - 23 Months*	2 - 3 Years*	4 - 6 Years* (Kindergarten)	7 - 10 Years*	11 - 12 Years* (7 <sup>th</sup> grade)	13 - 15 Years*	16 - 18 Years*
DTap	X		X		X		
Polio	X		X				
MMR	X		X				
Hepatitis B	X						
Meningococcal					X		X
Varicella	X		X				

= Waiver Assessment   
  = Recommended Vaccination   
 \*Waiver assessment for all new transfer students.

# LCHD Kindergarten Vision Walk-In Clinics

Wednesday, August 23, 2017  
10:00 a.m. - 6:00 p.m.



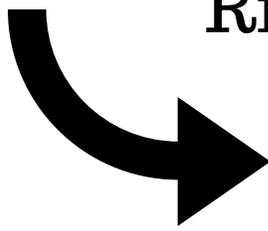
Wednesday, August 30, 2017  
9:00 a.m. - 3:30 p.m.

## Vision Screening Appointments

To schedule and appointment please call (517) 546-9850  
after May 15, 2017

# Right Seat, Right Fit, Every Time Car Seat Check

The 4th Wednesday of the month May-September 3:30-6:30pm  
Call (734) 763-2251 to make an appointment  
Mott Buckle Up 2300 E. Grand River, Howell



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