



## LIVINGSTON COUNTY Health Department

### FOR IMMEDIATE RELEASE

### Livingston County Ranks Third in Michigan in 2022 County Health Rankings

HOWELL, Michigan. - (April 28, 2022) The 2022 *County Health Rankings (Rankings)* were released and Livingston County is ranked third overall, out of Michigan's 83 counties. The *Rankings* are a result of compiled data from nearly every county in the United States. The data demonstrate what is keeping people healthy or making them sick and show us where to focus our efforts to create a healthier community.

Good health allows people to fulfill their potential and thrive, but health is influenced by many factors beyond medical care including housing, education, and employment. These important factors are accessible for some people and very limited for others. To reduce these differences in health, or health disparities, we need to know what gaps exist within our community. The *Rankings* give us a starting point for change, so Livingston County can become an even healthier place to live, learn, work, and play.

The *Rankings* highlight areas where Livingston County has done well in promoting residents' health and areas where improvements can be made. Similar to prior years, the *Rankings* show that Livingston County has a high percentage of physically active adults, a high percentage of residents with health insurance coverage, and a higher rate of people receiving flu vaccinations compared to the state and national averages. Areas that need improvement include the adult obesity rate, the rate of adult smokers, substance abuse rates, and transportation in both length of commute and driving alone to work.

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The Livingston County Health Department is actively working to address these areas for improvement through participation in community collaborations/workgroups and through community health improvement planning with our local health system partners. These areas for improvement will also be considered during the development of our next Community Health Improvement Plan (CHIP). The current CHIP was originally set to conclude at the end of 2020, but was extended due to the COVID-19 pandemic. The Livingston County CHIP can be viewed at <https://bit.ly/3rUrFWV>.

For more information, please visit [www.countyhealthrankings.org](http://www.countyhealthrankings.org) or call LCHD at (517) 546-9850.

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