

LIVINGSTON COUNTY HUMAN SERVICES COLLABORATIVE BODY

Health and Human Service Needs FACT SHEET

Older Adults Aging in Place in Livingston County

March 2020

What is “Aging in Place”?

The Center for Disease Control defines **aging in place** as "the ability to live in one's own home and community safely, independently, and comfortably, regardless of age, income, or ability level." According to *Aging in Place: A State Survey of Livability Policies and Practices* through AARP, nearly 90% of adults, over the age of 65, report that they want to stay in their home as long as possible and 80% believe their current residence is where they will always live.

According to the National Council on Aging at www.ncoa.org:

- 80% of our older adults will have at least one chronic disease; 77% will have at least two.
- Every 11 seconds an older adult is treated in an emergency room for a fall.
- Every 19 minutes an older adult dies from a fall.
- 1 in 4 older adults has a mental health disorder, which can include depression, anxiety and dementia.
- The number of older adults expected to be dealing with a substance use problem will reach 5 million in 2020.



In order to support our seniors as they choose to age in place, we need to work together as a community to recognize the needs of this population. Caregiving is one area that continues to be a need in our community.

According to the 2017 BRFSS for Michigan, **1 in 5 adults are caregivers**. Of those, 80% manage household tasks and nearly 50% assist with personal care.

Our goal is to uncover ways to support our senior population by developing Aging in Place initiatives across our communities.

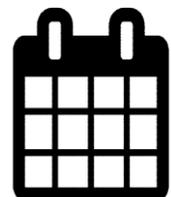
Why is this issue so important to Livingston County?

Local Livingston County Trends:

- In 2019, Livingston 911 dispatched for **7,615 calls** for individuals aged 60 years and older
- **13%** of all rides provided by LETS are for older adults
- According to department specific data from the Livingston County Sheriff's Department, between 2016 and 2019, there were **415 citations**, **109 arrests** and **3 overdoses** of individuals aged 60 years and older
- The top three arrest charges for individuals aged 60 years and older are **operating while under the influence (OUI), obstructing justice and assault and battery**

According to the FY2019 Area Agency on Aging 1-B Data:

- **24%** of Livingston County population is a senior, aged 60+ (51,402)
- This number is expected to increase to over **71,781** by **2040**
- About **1,020** residents will turn 60 each year until 2040. **That is about 3 each day!**





- **\$2,407,939** in Federal and State funding and **\$96,926** in County funding has helped our Livingston County Seniors in 2019
- **1,730** seniors and caregivers received information, assistance and referrals and health insurance counseling in 2019
- **95,823** home delivered meals were served to our homebound seniors in 2019
- **60** nursing home eligible seniors were able to stay in their communities through the support of MI Choice - a savings of **\$2,387,100** in Medicaid nursing costs
- An additional **\$58,400** is provided by county funding to support senior needs

It is time for us to develop more programs, services and supports to address the needs of this growing population.

What is the impact locally?

Livingston County is comprised of urban communities and many rural areas. This geography has resulted in some unique challenges for the county. These challenges can be seen in the transportation areas, safe city ideas, food support areas and even in the daily connections needed for this population. We often have seniors who are isolated from the supports available to them.

As we look at safety in our community, Livingston County still has areas where no cell service can be accessed and where landlines are critical. Some even use dial-up for internet access. In addition to these safety concerns, seniors are increasingly becoming targets of scams and other crimes as noted by the County Sheriff. It is critical that we find ways to keep our seniors safe.



What programs & services exist?

7 local Senior Centers

Brighton Senior Center	810-299-3817	www.brightoncommunityed.com
Fowlerville Senior Center	517-223-7102	
Gregory Area Senior Center	517-851-8881	
Hamburg Senior Center	810-222-1140	www.hamburg.mi.us/senior/
Hartland Senior Center	810-626-2135	www.hartlandseniorcenter.org
Howell Senior Center	517-545-0219	www.howellrecreation.org/howell_senior-center/
Putnam Township Senior Center	734-878-1810	www.putnamtwp.us/dept_senior_center.htm

Other Resources

Senior Resource Advocates	517-545-5944	www.livingstoncatholiccharities.org
Be Our Guest Adult Day Program	517-546-9910	www.livingstoncatholiccharities.org
Meal on Wheels	810-632-2155	www.lcsnp.org
Area Agency on Aging 1b	248-357-2255	www.aaa1b.org
Phone directory/resource assistance	211	
Online Resource Box		https://www.livgov.com/hscb/

What Can the Community Do to help?

- ✓ Join the Livingston Leadership Council on Aging!
- ✓ Get involved!
- ✓ Advocate!
- ✓ Donate/support a senior
- ✓ Volunteer of your time and talents
- ✓ Deliver meals to homebound seniors
- ✓ Join Volunteer Livingston
- ✓ Participate - United Way's Day of Caring



Livingston Leadership Council on Aging