



## Reference Sheet for Healthy Aging Livingston County Community Program Information



Livingston County offers a variety of community-based services to meet the needs of aging adults. This sheet is meant to be a reference for physicians, to go with the Referral Form distributed to patients/clients.

<b>INFORMATION AND SUPPORT</b>	
<input type="checkbox"/> Alzheimer's Association: <a href="http://www.alzheimer">www.alzheimer</a> 800-272-3900 <input type="checkbox"/> American Cancer Society: <a href="http://www.cancer.org/">www.cancer.org/</a> 734-971-4300 <input type="checkbox"/> American Diabetes Association: <a href="http://www.diabetes.org">www.diabetes.org</a> 800-342-2383 <input type="checkbox"/> St. Joseph Mercy Center for Diabetes: <a href="http://www.stjoeslivingston.org/">www.stjoeslivingston.org/</a> 517-545-6125 <input type="checkbox"/> American Heart Association: <a href="http://www.heart.org">www.heart.org</a> 517-349-3102 <input type="checkbox"/> Area Agency on Aging (AAA 1-B): <a href="http://www.aaa1b.org">www.aaa1b.org</a> 800-852-7795 <input type="checkbox"/> Arthritis Foundation: <a href="http://www.arthritis.org/">www.arthritis.org/</a> 800-968-3030	<input type="checkbox"/> Community Mental Health: <a href="http://www.cmhliv.org">www.cmhliv.org</a> 517-546-4126 or Toll free: 800-615-1245 <input type="checkbox"/> Stroke Support: 517-545-6710 <input type="checkbox"/> Parkinson's Disease Support: <a href="http://www.parkinsonsmi.org">www.parkinsonsmi.org</a> 800-852-9781 <input type="checkbox"/> Senior Resources and Centers: Call 2-1-1 <input type="checkbox"/> Substance Abuse Access: <a href="http://www.cmhliv.org">www.cmhliv.org</a> 517-546-4126 <input type="checkbox"/> Veterans Affairs: 517-546-6338 <input type="checkbox"/> For service information, any time: Call 2-1-1 OR visit <a href="http://www.centralmichigan211.org">www.centralmichigan211.org</a>
<b>NUTRITION SERVICES</b>	<b>HELP AT HOME</b>
<input type="checkbox"/> Food Pantry: Call 2-1-1 <input type="checkbox"/> Livingston County Senior Nutrition Programs <a href="http://www.lcsnp.org/">www.lcsnp.org/</a> Meals on Wheels: 810-632-2155 Congregate Meal Sites: Call 2-1-1 <input type="checkbox"/> Supplemental Nutrition Assistance Program (SNAP): Call 2-1-1	<input type="checkbox"/> For information on eligibility and cost contact the AAA-1B: <a href="http://www.aaa1b.org">www.aaa1b.org</a> 800-852-7795 <input type="checkbox"/> Personal Care <input type="checkbox"/> Homemaker Services <input type="checkbox"/> Household Chore Services <input type="checkbox"/> Medical Equipment Loan Closet: Call 2-1-1
<b>MEDICARE/MEDICAID ASSISTANCE</b>	<b>CAREGIVER SUPPORT</b>
<input type="checkbox"/> AAA 1-B: <a href="http://www.aaa1b.org">www.aaa1b.org</a> 800-803-7174 <input type="checkbox"/> Hartland Senior Center: 810-632-6286 <input type="checkbox"/> Livingston County Catholic Charities(LCCC): 800-489-6107	<input type="checkbox"/> Adult Day Care Be Our Guest: 517-546-9910 <input type="checkbox"/> Caregiver Support/ Respite/Friendly Visitor: Call 2-1-1 OR LCCC: 517-545-5944 <input type="checkbox"/> Out-of-Home and In-Home Respite Care AAA 1-B: 800-852-7795
<b>MEDICAL APPOINTMENT TRANSPORTATION</b>	<b>HEALTH &amp; WELLNESS</b>
<input type="checkbox"/> Brighton Senior Center: 810-299-3817 <input type="checkbox"/> Hartland Senior Center: 810-626-2135 <input type="checkbox"/> Livingston Essential Transportation Service (L.E.T.S): <a href="http://www.co.livingston.mi.us/">www.co.livingston.mi.us/</a> 517-546-6600 <input type="checkbox"/> Livingston County Catholic Charities (LLCC): 800-489-6107 <input type="checkbox"/> Love, INC: <a href="http://www.livingstonloveinc.org">www.livingstonloveinc.org</a> . 517-552-3620 <input type="checkbox"/> People's Express: <a href="http://www.peoplesexpress.com">www.peoplesexpress.com</a> 877-214-6073	<input type="checkbox"/> Appropriate Vaccines, Dept. of Public Health: <a href="http://www.co.livingston.mi.us/health/">www.co.livingston.mi.us/health/</a> 517-546-9850 <input type="checkbox"/> Fall Prevention: Call 2-1-1 <input type="checkbox"/> Medication Disposal: Call 2-1-1 OR Call Local Police. <input type="checkbox"/> Senior Centers: <a href="http://www.lcunitedway.org">www.lcunitedway.org</a> Call 2-1-1
† Elder Abuse Information Call: (855) 444-3911, Department of Human Services.	

For additional copies, please contact the Livingston County United Way at 810-494-3000.